

## District 30 Newsletter

### MESSAGE FROM THE DISTRICT CHAIR

Greetings to Everyone!

Hopefully everyone is enjoying the nice warm weather that has graced our ENE district. Many thanks to our committee chairs and volunteers who are working to carry the message in our district. We currently have all positions filled except for Treatment Chair. I would like to thank Heather C. for her service in that position, and wish her well as she moves on to new adventures. Anyone who is interested in treatment work can contact me. Opportunities continually arise in treatment centers in our area, and we need someone to coordinate our efforts.

This past December we planned an informal, fun event at the laser tag facility in Tulsa. I only expected about 15 – 20 people to show up, but nearly 100 people came out. This included new people who had no idea that people in AA did anything fun. I can certainly relate to that. Hopefully everyone had a good time. I think it is good to do something like that every once in a while, and some people have brought up the idea of playing volleyball with our fellow NE district. We will try to schedule that some time while the days are still nice and warm. If you have any other ideas please don't hesitate to share them.

The next district meeting will be held in Monkey Island on August 28, 2016. We will meet at the Monkey Island Fire Protection District located at 56298 E 295 Rd., Monkey Island, OK 74331. Fellowship begins at 9:00 a.m. and the meeting begins at 9:30 a.m. The meat and cold drinks are provided by District 30. Bring a side dish, salad or dessert. Looking forward to seeing you there.

We are about to enter election season this quarter. From our groups electing GSR's, to our district all the way down to our area the spirit of rotation will manifest itself. In our district we will elect a new chair and DCM's for clusters A, D1, and D2. I would like to invite anyone interested in those positions to our meeting, and also all of our GSR's and Alternates so that your group can participate in the group conscience process.

Thanks, Dusty G

District 30 Chair

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# Treasurer's Report

ENE DISTRICT 30

FINANCIAL REPORT AS OF JUNE 4, 2016

03-05-16 THROUGH 06-04-16

STARTING BALANCE	\$3,866.46
TOTAL DEPOSITS	\$1,635.96
TOTAL WITHDRAWALS	(\$1,563.38)
PRUDENT RESERVE	(\$750.00)
ENDING BALANCE	<u>\$3,189.04</u>

## DEPOSITS

<u>DATE</u>	<u>GROUP</u>	<u>AMOUNT</u>
7-Mar	OK STATE GRATITUDE	\$65.21
11-May	TULSA BIG BOOK	\$87.40
12-May	TULSA GROUP	\$10.00
	AWAKENING N/S	\$50.00
	ODAT GROUP	\$6.00
	CITY OF OWASSO (REIMBURSEMENT-DEPOSIT)	\$50.00
	EASY DOES IT	\$56.51
	BA ACTION	\$142.89
	GROUP # 163436	\$10.00
	TAHLEQUAH EAST SIDE (\$3.00+\$4.41+\$3.54 CHECKS)	\$10.95
	AWAKENING N/S	\$70.00
	TULSA GROUP	\$10.00
	BA ACTION	\$90.87
	LANGLEY AA	\$10.00
	MONKEY ISLAND	\$30.00
	AWAKENING N/S	\$50.00
	GROUP # 163436	\$10.00
	NEW	
	HAVEN	\$19.25
	BA ACTION	\$115.40
	TULSA GROUP	\$10.00
	ANONYMITY GROUP OF GROVE	\$386.78
	12 & 12 GROUP	\$30.00

	STILLWELL AA	\$20.00
	WAGONER BIG BOOK	\$53.70
	THE PROMISES GROUP	\$25.00
	LAST CHANCE	\$16.00
	CLAREMORE PIONEER	\$25.00
<b>4-Jun</b>	PRYOR GTO	\$40.00
	HAPPY HOUR GROUP	\$10.00
	GENESIS GROUP	\$25.00
	AA OF CHECOTAH	\$50.00
	OWASSO GROUP	\$50.00

## WITHDRAWALS

<u>CHECK</u>		
<u>NO.</u>	<u>DESCRIPTION</u>	<u>AMOUNT</u>
<b>1298</b>	PHIL MITCHELL (MEAT)	<b>(\$120.00)</b>
<b>1299</b>	DUSTY GROVES (MTG SUPPLIES)	<b>(\$55.07)</b>
<b>1300</b>	MATT LANE (DCM AREA TRAVEL)	<b>(\$50.00)</b>
<b>1301</b>	OK STATE COMMITTEE (GRATITUDE)	<b>(\$65.21)</b>
<b>1302</b>	OK AA STATE COMM. (CONF. DONATIONS TO SPONSORSHIPS)	<b>(\$200.00)</b>
<b>1303</b>	DAVID CUNNINGHAM (D30 CPC MAILINGS)	<b>(\$75.00)</b>
<b>1304</b>	AA TULSA STATE FAIR BOOTH COMMITTEE (DONATION-TICKETS)	<b>(\$300.00)</b>
<b>1305</b>	USPS (12 MOS. PO BOX RENEWAL)	<b>(\$82.00)</b>
<b>1306</b>	SCOTT McGEE (D30 HOSPITALITY ROOM - STATE CONFERENCE)	<b>(\$616.10)</b>

## Archives Report

I handed out some Old-timers Interview and Group History forms for those who would like to help in getting that information out there for the future fellowship. I will bring more forms to the next meeting for those who would like to participate. I have also spoken with Heather at our State Office, she would be more than willing to meet those who would like to go to the State Office after the Area meeting, or she could talk to you and possibly be able to meet at a scheduled time. I personally have not checked out the Archives at the State Office and would love for others who would like to, to come along. Of course these things will be at the Oklahoma State Conference to check out.

Thanks for letting me learn more and to be of service to the fellowship!

Sincerely,

Barbara L.

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## Bridge the Gap Report

Atoka B. graciously volunteered to take the BTG committee last quarter.

## CPC Report

The CPC Committee continues to make **two** presentations at the Brown Mackie University professional class each month in Tulsa. We have **a presentation at 12:00 PM and one at 6:00 PM** around the 21st of each month. If would like to **volunteer**, you can contact me at  **davidca65@gmail.com** or text or call me at **918-804-7172**

The **District 30 CPC committee recently co-presented with the District 30 Public Information** committee at the **OU School of Nursing**. The presentation included a standard CPC "What AA is and is not", a guided AA meeting (with real tears by the way) presented by a panel of volunteers from around the district including some volunteer nursing students. In depth questions were asked by the nursing students, centering mainly on "How to suggest AA to a patient in the ER". Fortunately, we had a panel member who is also a career nursing instructor who said..."...do not hesitate to tell the patient there health is in dire jeopardy...". The nursing students were enthusiastic and very attentive to the problem and solution as presented by our joint CPC/PI panel.

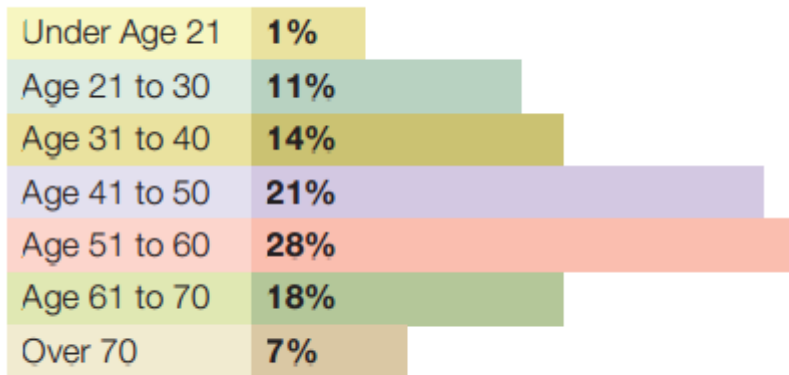
The CPC committee has also initiated a mailing campaign with the **Home Health Care community** in mind. Some **80 letters** will be sent out, offering to make a CPC presentation to the **home health aides** as a means to reach **neglected** potential members of the **senior community** who may be *home bound and suffering from alcoholism*. This was initiated based on [the Box 4-5-9, Spring 2015](#) - see "Extending **the Hand of A.A.to the Older Alcoholic**"

In terms of the A.A. population of seniors, according to [the 2014 A.A. Membership Survey](#), **28% of A.A. members are age 51–60, 18% are age 61–70 and 7% are over 70** — together making up **53% of A.A.'s total population** who may need "**extended AA**" in their latter years like the "...carper slipper guy..." in the Big Book pg: 32

### 2014 A.A. Membership Survey

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## AGE OF MEMBERS



Average Age of Members is **50** Years.

This might be a **model campaign** for **future** CPC Committee chairs as there are other **neglected communities in District 30** that this committee cannot yet reach out to due to budget constraints and volunteers. **Diversity and Inclusion are one of the hall marks of District 30?**

The following **communities** will need to be addressed:

**African American community services**  
**Native American community services**  
**Asian American community services**  
**Hispanic American community services**  
**Juvenile Services community**  
**DHS**  
**Pastoral services**

In conclusion, the District 30 **CPC committee** will be working with the **PI committee** in some health fairs as well as presentations at TCC - (**see the PI report for further details**)

1 - **TCC** - Tues Aug. 30th. 8am - 4pm (3 meetings with student nurses)

2 - **TCC** - Tues Sept 13th 11am - 1pm Health Fair on campus at 81st & 169

3 - **Job Corp** Meeting brought in once a month. (maybe H and I) but CPC may go first.

### **Fun Fact:**

**Article in Box 4-5-9, February-March 1980**

**G.S.O. WELCOMES FIRST MALE STAFF MEMBER** - Curtis M. became the first male G.S.O. staff member in July 1979 (WTF?) - **WOMEN were the ONLY GSO staff members up until 1979 - (You go Girl!)**

### **History Fact:**

The General Service Board in 1970 set up its Committee on Cooperation with the Professional Community (C.P.C.), a **spin-off from the Public Information (P.1.)** Committee. In 1971, the Conference followed suit with the formation of its C.P.C. Committee. (**Each was first called Committee on Professional Relations.**)

### **Survey Question:**

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**Do you think District 30 has a need for a Public Informational/Beginners meeting?**

[Answer Here](#) or email [Public Information Meeting](#)

This committee is considering forming a **Public Informational/Beginners** meeting in the Tulsa area. The meeting would be **Open to the public**.

*This would allow the **Public to come to AA** for informational purposes.*

The meeting would be called **New Comers**.

The format of the meeting would be as follows:

30 Minute presentation of **what AA is and is not** (CPC presentation).

30 Minute "**classic**" beginners meeting.

New Comers would be assigned a **Sponsor** and given a **new comers packet** with meeting **schedules** and **phone numbers**.

CPC Chair – David C.

## Corrections Report

Hi all, Things seem to be going well in the corrections department. There are 3 ladies now going to Eddie Warrior, soon to be four! Yay! Teresa W. is going to be approved soon as soon as the bureaucratic red tape is completed. I received a couple of requests from people at the district meeting and sent out the information on DOC applications. Once those are completed I have to let Doug M. know so he can continue that process. Thank you for letting me be of service. There is not a lot of hope in prisons, and the women are really grateful that we show up.

Corrections chair

Mara

## Grapevine Report

The Grapevine is doing GREAT this Quarter. I have heard from several groups that are participating in the Grow Your Grapevine. Keep up the good work. The Grapevine Table at the Big Meeting is a success. AND check out the July Issue when it comes out. I have heard there will be a Picture in If Walls Could Talk from one of our Tulsa Groups. Thank you for letting me be of service.

Monika A.

## OK Gratitude Plan

We passed the can and collected \$74.03 at our meeting in Tahlequah. Thank you for letting me serve you.

Nicole

D30 Gratitude

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## Language Services

I had only just received the Special Needs Accessibilities Workbook from GSO when AA District 30 held its Quarter 2 meeting in Owasso March 6th. I was asked to serve as the District 30 Language/Special Needs Accessibilities Committee Chair during the Quarter 1 meeting. My name is John H. and I agreed to serve as the chairman of this committee.

Shortly after agreeing to serve, I contacted Betty M., the Area 57 chair and got some pointers on what the position involved. Together with Betty's suggestions and literature from the GSO, she and I put together a plan to get the message of AA to those with limitations for hearing the message whether the alcoholic is deaf or has other special needs. I want to take this opportunity to thank Betty sharing her ideas with me.

Part of what I would like to do is invite GSRs to pass information to me concerning their group meeting space. Is it ADA compliant? Is there accessibility at the entrance for alcoholics in wheelchairs? Is there room for wheelchairs in the restrooms? I also plan to attend various meetings to introduce myself and look at their meeting space as well. Please feel free to call me at; 918-261-4993 with information about your group's meeting space and to give input about alcoholics that you know that are deaf or who might need special assistance.

Thank you for the opportunity to serve.

Very truly yours,

John H.

## Public Information Report

PI Activity during 2<sup>nd</sup> Quarter

June 14<sup>th</sup> – Job Corp

We had our first meeting at 3:00 PM with Amamda Spriggs and her class of 6. Age group 16 – 22.

There were 4 AA's and it was well received. We will be meeting the 2<sup>nd</sup> Tuesday of each month at 3 PM.

She plans to open our meeting up to the entire campus and expects between 15 – 25 people.

Next quarter we have 5 confirmed meetings scheduled as well as helping with the Fair Booth.

Schedule of meeting and volunteer sign ups should be completed in July.

Thanks

Wayne L.

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## Policy and Procedures

There have been no changes to District 30 policies and Procedures. Anyone wanting to obtain a copy can go to Area Website. Click on District 30, then click on Policy and procedures.

Thank you, for allowing me to serve.

Floyd G.

## Technologies

Hello all everything is well in the technology area. I have not had any questions or concerns asked to me this last quarter. I have the policy and procedure update for the Technology Chair position for our District level ready for the next meeting. Other than that we have the text services for AA news and updates text "area57" to 33733 if you get these and do not wish to text back "stop" If anybody has any questions please contact me through the phone list.

Thanks,  
Ben R.

## Treatment Report

AA is being allowed to bring a speaker meeting once a month into Palmer Drug Abuse Program, working with their adolescent program. Because we will be in contact with young people there will be an extensive background check process to go through in order to volunteer. They are looking for "younger" people or people who got sober at a young age with a "light" criminal history with no violent or sex offenses. If you would like to volunteer please contact Heather C.

There has been a request for meetings to be brought into the long-term psychiatric facility in Vinita. I have contacted the Downtown Group in Vinita to attempt to get that started. Matt from The Monkey Island Group has also been working to get volunteers.

I have also been in contact with people from Brown Arrow Action Group and put them in touch with Lauriette to have meetings brought in.

A parent of a prisoner at the North East Correctional Institute contacted me asking for a meeting to be brought into the prison. Matt from Monkey Island Group is also working to get that started.

Thank you so very much for allowing me to be of service the last 2 years and for my sobriety!

Heather C.

District 30 Treatment Chair



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# Anonymity Letter to Media

General Service Office of Alcoholics Anonymous

April 2012

ALCOHOLICS ANONYMOUS A NOTE OF THANKS - A REQUEST FOR CONTINUED COOPERATION

From time to time we write our public media friends to thank them for helping us observe our long-standing tradition of anonymity for members of Alcoholics Anonymous.

First, let us express our deep gratitude to you. From the beginning of A.A. in 1935, its members have recognized that word-of-mouth is not sufficient by itself to carry the program's message of hope and recovery to the many people still suffering from alcoholism. The public media has been a vital part of this effort, and today we estimate that there are more than 2 million successfully recovering members of Alcoholics Anonymous in more than 180 countries.

Second, we respectfully request that you continue to cooperate with us in maintaining the anonymity of A.A. members. The principle of anonymity is a basic tenet of our fellowship. Those who are reluctant to seek our help may overcome their fear if they are confident that their anonymity will be respected. In addition, and perhaps less understood, our tradition of anonymity acts as a restraint on A.A. members, reminding us that we are a program of principles, not personalities, and that no individual A.A. member may presume to act as a spokesman or leader of our fellowship. If an A.A. member is identified in the media, we ask that you please use first names only (e.g., Bob S. or Alice F.) and that you not use photographs or electronic images in which members' faces may be recognized.

Again, we thank you for your continued cooperation. Those who wish to know more about our fellowship are welcome to visit the "For the Media" section of AA.org. Our fellowship does not comment on matters of public controversy, but we are happy to provide information about A.A. to anyone who seeks it.

Sincerely,

Public Information Committee of Alcoholics Anonymous

For Media, contact: [Publicinfo@aa.org](mailto:Publicinfo@aa.org)

